



Dear Families,

503 Baseball Academy is excited to announce a new training program beginning this Fall and ending just before the Christmas break. 503 Baseball and **Therapeutic Associates Physical Therapy** have agreed provide a more advanced training called **Advanced Athletic Performance Program (AAPP)**. This Program was created by **Therapeutic Associates** specifically for baseball players. Attached in this email are 4 documents for you to review regarding this training.

As one of the Owners of 503 Baseball, it's been our goal from the beginning to provide a higher level of quality training. To allow players to maximize their performance and compete at the highest level. For some players this may be to not just make the All Star team but to be a significant impact on the team. For other players it's to be a starter at the High School Level or at the College Level. We believe, for the right player, this training will assist them in their quest to maximize their performance.

I will provide a few of the details but the attached documents will have more specifics. In order to attain the results desired we are looking for committed players that are ready work hard 3 times per week for 12 weeks.

There are 11 spots open for each Group.

- Group 1 will be Grade 7, 8 and 9 (Mon/Wed 6 to 7 pm and Saturday time TBD)
- Group 2 will be Grade 10, 11, and 12 (Mon/Wed 6 to 7 pm and Saturday time TBD)

Cost is \$720 for 36 training sessions which averages to \$20 per session

If you have any questions regarding this new program you can email me directly at Tim@503baseball.com. If its a specific question on the training I will connect you with one of trainers. The primary trainer will be Ryan Wells. Many of you may either know Ryan or have heard of him. He works with all level of athletes including some baseball teams and football teams.

Thanks again for your support and trust in 503 Baseball. We continue to look for opportunities to improve our program and thus your input and feedback is welcomed. Please review the attached documents for information on how to register and payment options.

Best Regards

Tim Driscoll
Co-Owner
503 Baseball Academy

